



*"If anyone is in Christ, he/she is a new creation." Jesus is not offering to clean up the old; he is offering to enable the new. Because of his death and resurrection, the possibility now exists for us to be fully released to become who we were always meant to be, who we can be recreated to be. The old you is buried and dead. You have been born again. Welcome to You 2.0!*

#### **Week 4: A New Way 2.0 Love**

1. Rick began by saying, *"Many of us can say that the greatest models we had of what it looks like to follow Jesus were our mothers or grandmothers."* Share examples of some you know who have modeled what it means to follow Jesus and to love well. How have they impacted your understanding of love?
2. **POURED IN: You 2.0 can love from above.** In what ways do you resonate with the concept that *you cannot give what you do not have*? **Read John 15:5 & Galatians 5:22-23.** What do these verses teach us about the source and power of love in our lives? In what ways have you seen the fruit of the Spirit grow in your life as you remain in Christ?
3. **POURED OUT: You 1.0 love exchanges; you 2.0 love lavishes.** What convicts you the most from the new way to love Jesus calls his followers to in **Matthew 5:38-48**? Follow up: How does the extravagant and indiscriminate love of God challenge our conventional understanding of love? When have you experienced the lavish love of God in your life?
4. **POURED OUT: You 1.0 love stops; you 2.0 love stretches.** Share examples of times when you've experienced the stretching nature of love in your life. Follow up: Reflect on a time when you found it difficult to love someone. How did you navigate that situation, and what did you learn about the nature of love?
5. **POURED OUT: You 1.0 love fails; you 2.0 love prevails.** Jesus' apprentices are called to change the world through serving rather than ruling from the top down (**Romans 12:14-21**). Why is the "bottom up" servanthood approach so powerful? How did Jesus model this himself? Follow up: What are practical ways we can embrace this counterculture way of life?
6. **POURED OUT: You 1.0 love reacts; you 2.0 love reflects.** What can we do to remember to treat people the way God has treated us?
7. Rick closed by reminding us that **"You are too loved not to 2.0 love!"** Think for a moment about someone in your life who needs some 2.0 love from your You 2.0 self. What are some practical ways you can show them love this week?

