



Jesus' gospel is not just the offer of salvation, but the declaration of sovereignty. This is the clear message of his Sermon on the Mount. It is a call to find the truly blessed life by taking a narrow path most won't choose—the way of King Jesus.

**These questions are designed to extend the impact of the weekend message. Use them to go deeper in your personal study time, with your family and/or with a group.**

**1** Rick opened with two thoughts about worry. One, it is pervasive and two, it is an "acceptable" sin. We have real trouble admitting to lustful or racist thoughts, being mad and cussing someone out, getting drunk, or lying. We have no trouble admitting that we worry daily. It's no big deal to us. But to Jesus, worry is a big deal because **trust** is a big deal to Jesus. Name a few "fears" that you worry about daily.

**2 THE KING KNOWS... BETTER. Read together Matthew 6:25-34.** Jesus is not talking about making good plans for the future. He did that Himself. What Jesus is forbidding is fretting about the things that cannot be controlled and letting them control your life to the point of fear. Share a time when you found yourself not trusting Jesus but rather living out of a paralyzing fear.

**3 ASK BETTER QUESTIONS. This is Jesus' challenge.**  
- **That is... Is Worry helpful?** Is it productive? Does worry add any extra time to your life or does it shorten it? The challenge is to take useless and destructive thoughts captive. Rick said, "One way is to focus on the blessing of today instead of the concerns of tomorrow." So, name several ways God has blessed you today. How can you continually remember God's blessing every day?

- **Next, ask... Is "More" meaningful?** Has more stuff brought us more contentment, more satisfaction, or more purpose? Have homes full of stuff produce lives full of meaning? **Read Ecclesiastes 5:10; 6:9.** Name a few actions that are "really" meaningful like "hugging your family" or "laughing with a friend."

- **Then ask... Is God Faithful? Read 1 Peter 5:7.** Consider God's track record for faithfulness. "Look at the birds of the air...See how the flowers of the field grow... Are you not much more valuable than they?" (Matt. 6:26). Discuss some of the BIG ways that God has taken care of you. In what ways has God convinced you that He is trustworthy to care of you each day?

**4 JESUS CHALLENGES US TO GET A BETTER QUEST.** Rick said, "We do not worry so much because our problems are so big; we worry because our goals are so small." **Read Matthew 6:32-33.** Nothing tomorrow can change your status as His child, your opportunity to participate in His agenda, or your hope in the future He has announced. Spend time in prayer asking Jesus to help you trust him deeper and to live a worry-free life.

