



Challenges to our faith come in all forms: the storms of life, the doubts we face, or the insecurity we feel. In this rotating series, EJ Brown, Emmanuel Dominguez, and Taylor Walling will take us into stories in the Gospel to show how God meets us when our faith feels questionable.

**These questions are designed to extend the impact of the weekend message. Use them to go deeper in your personal study time, with your family and/or with a group.**

**1 (Discussion)** When thinking about the storms of life. When is a time that you have questioned if God really cared for you? Was it a loss of a family member? A job loss? A breakup or divorce?

**2 (Discussion)** Once you asked God that question, what was your next step? Did you stay angry, or did you draw closer to God? If you stayed angry, how long did it take for you to get out of that place and receive God's care for you? If you went to God, what did that practically look like for you (*what steps did you take*)?

**3 (Read)** A scripture that speaks about having confidence in God is **Psalm 16**. In that Psalm, verses 7 and 8 speak a solid truth we can all rest in. It reads "I will bless the Lord who *counsels me*-**EVEN** when my thoughts trouble me. I will **ALWAYS** let the Lord guide me. Because He is at my right hand, I will **NOT** be shaken". Discuss what it means to bless the Lord when negative thoughts consume you. Also, discuss how we cannot be shaken when trials come our way. (**Hint:** EJ gave us three reasons Christians end up shaken when trials come. There are more though.)

**4 (Write)** What are some thoughts that you personally need to take captive? Example: "God doesn't love me", "I'm not beautiful", "I am not valuable". (**Remember:** To take captive your thoughts mean to trap, seize, control, secure, and conquer the thoughts that oppose what God's says). What scriptures can you speak to these thoughts so you can conquer them? Write them down and then discuss.

**5 (Pray)** Now that you have written down these thoughts, pray God's truth over them. Example: "God, I thank you that because you are at my right hand, I will not be shaken when trials and tribulations come my way!".

