



Technology is a gift from God. And while our screens can be wonderful tools, they are terrible masters. In this series, we will talk about life and faith in the digital age.

These questions are designed to extend the impact of the weekend message. Use them to go deeper in your personal study time, with your family and/or with a group.

1 Most smartphones have a *Screen Time* feature that will tell you how much time you're on your phone. When's the last time you looked at it? (*If you're feeling brave, look at it right now*). Does the data surprise you at all?

2 **Read Deuteronomy 6:4-9.** God knows that **my heart and soul are shaped by what I keep close.** So it makes sense that He invites us into a life immersed in His Word. The places mentioned in the passage relate to where we live (home) where we spend time (the road) and where we meet and do business with others (the city gates). What do you think dominates the world's attention in these spaces?

3 **Read Luke 5:15-16.** Jesus had a habit of getting away - even when people wanted more of him. Time with God was too life-giving to miss. What have been your best rhythms in prayer and Bible reading? What have been your biggest struggles?

4 **Read John 14:27. God speaks peace. The world makes noise.** What are ways our screens and devices amplify the noise of the world? What kind of messages or headlines usually get the most attention?

5 **Read Romans 12:1-2. My mind is either being formed by the world or transformed by Jesus.** What habits with screens (*for instance the amount of time spent or the kind of content viewed*) have you sensed in your life are shaping you to fit the world's mold? What do you sense God is asking you to do about it?

6 **No one has earned our attention more than Jesus.** It's no accident Romans 12 encourages us "*in view of God's mercy.*" Without mercy, this can make us feel guilty and defeated. With mercy, we can move forward in hope. Pray **Hebrews 12:2** over your group, asking the Lord to renew your minds by focusing on Christ.

