

REALTIONSHIP RESOURCES

Technology and Purity

Our relationships are more than just relationships, but a picture of how God loves the church--a perfect segway into our conversation on technology and purity.

The attached podcast episode discusses a variety of elements regarding technology including how to create a tech-free space. Sarah encourages students to dedicate time throughout the week where they are free from all gadgets--she says, "I'd recommend establishing a 'Tech Sabbath' each week. Creating a time/ place/ day/ zones to go tech-free as a family. (ex: I delete my social apps on the weekends. It's individual, but it'd also be awesome reinforced as a family - like, Techfree Tuesday where they have an entire dinner without phones)." We hope this will spark some conversations about how technology can best be utilized (and given a break) in your home.

Podcast--Don't Panic about Social Media with Sarah Brooks

What is Love?

A conversation we loving having with students is what love is and how do we talk about it. Part of the conversation concerns how we talk about dating, sex, and purity.

The podcast we are attaching is by Luke Norsworthy, a respected preacher and podcaster at Westover Hills church in Austin. In this episode, he sits down with Annie Downs and Jamie Ivy; the three of them have a great conversation about how the words we use regarding these topics and how the way we frame these discussions can help shape our students. (Note: The podcast begins with content not related to the topic; to get straight to the conversation, we would suggest starting at 17:30.)

Podcast--Newsworthy with Norsworthy

Social Media

Ever feel lost on how to talk to your teens about what they post? We often remind them: Proverbs 18:21 says "Life and death are the in the power of the tongue..."

When helping students think about the words they say and post, some helpful things to consider with them are:

- Consider the world we live in. (Who is your audience?)
- Consider the weight we live with. (What is your voice in this world?)
- Consider the Word we live by. "There is a thin line between maintaining an earned voice through which to speak to culture and compromising the very message we long to share. There are certain things we know we can say that will shut the other side down. And we don't want to shut the other side down. But we don't want to compromise either."

These simple guidelines from *Meet Generation Z* are great in helping teens think about the things they share online.

Love, Marriage, Sex, Dating, and Singleness

We know that God's idea for relationships was perfection and since the fall, we as humans have made some mistakes in how we view relationships versus how God views them.

In his book, *Loveology* John Mark Comer, covers love, marriage, sex, dating, and singleness. This is a great tool for parents and students to discuss these topics.