WEEK1

44

These questions are designed to extend the impact of the weekend message. Use them to go deeper in your personal study time, with your family, and/or with a group or Bible class.



We all know popular sayings and clichés that fit well on a bumper sticker or refrigerator magnet, and they are given the weight of scripture without actually being scripture. In fact, some of them are not just not in the Bible, but they are actually unbiblical...and that can be dangerous.

- "SOUNDS TRUE" will not set you free. Sincerity does not guarantee liberty. You can believe your way into bondage and disaster. Many popular Christian sayings sound true but aren't actually in the Bible. What are some common examples of this? What is the danger of believing something to be true that God never actually said?
- **Read Proverbs 3:5.** What sounds right about the suggestion to "follow your heart"? How does this suggestion conflict with this Proverb?
- **3 HEART TROUBLE... My heart is not a** *trustworthy moral compass.* Behind "follow your heart" is the belief that your heart will always take you to the right place if you just have the courage to obey it. **Read Jeremiah 17:9, Romans 1:24, and Matthew 15:19.** What are these verses saying about the true condition of our hearts?
- Can you think of a time when you wish you had not followed your heart? Or a time when you look back with thanksgiving that you didn't? Share about those experiences.

- Our hearts are too easily deceived. Sometimes we can have total peace in our hearts over a wrong direction that we do not recognize as wrong. And sometimes we can convince our hearts that something is right because we do not want it to be wrong. Why are our hearts so easily deceived? And how does Satan take advantage of our easily deceived hearts?
- 6 HEART TROUBLE... "My heart does not need to be followed but led". What did Rick mean by that statement?
- **7 Read Luke 12:32-34.** How are Jesus' words an example of the "lead your heart" principle? How are you leading your heart?

ACTION STEP The heart does not tell us what is right; Jesus does! And right now you are probably aware of some area of your life where Jesus is calling and your heart is stalling. Share with a friend an area of your life where you are struggling to get your heart to go where obedience would take you. "Follow your heart" is not in the Bible. The Bible says I need to follow Jesus with all my heart. Don't wait on your heart; lead your heart. Memorize Proverbs 3:5 and reflect on it as you go through this week.